



**DATE:** SEPTEMBER 4, 2014

**RE:** STATE INTERPRETATIONS OF REASONABLE ASSURANCE

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## **BACKGROUND**

The ACA includes coverage for pediatric oral health services as part of the Essential Health Benefits (EHB) package which will be included in health policies offered to the small group and individual market. The ACA specifically allows for separate dental policies to provide coverage for the pediatric dental offering within a Marketplace, (when chosen with a medical plan offering all other EHB requirements). However, the ACA obliges Qualified Health Plans to include all 10 categories of the EHB, including dental, in their policies offered off the Exchange in the private market. Therefore, any dental policies sold by stand-alone dental plans outside the Exchange in the small group/individual market could be duplicative to what a full service health plan must offer. Considering 99% of dental policies are sold separately from medical (from both medical and dental carriers), this issue would have caused great disruption to consumers and was specifically addressed by the U.S. Department of Health and Human Services (HHS).

## **CURRENT FEDERAL REGULATIONS**

Within the latitude provided by the ACA, HHS addressed the choice of consumer dental options in regulations. HHS noted the ACA does not provide for the exclusion of pediatric dental benefits by QHPs outside of the Exchange in the manner it does inside of Exchanges in section 1302(b)(4)(F). Therefore, HHS outlined an alternative for health insurance carriers to meet their responsibility under the statute by allowing medical and dental carriers to provide separate dental policies to consumers in a manner parallel to today's dental marketplace.

The HHS Final Rule<sup>1</sup> on Essential Health Benefits states that health plans offered outside of Exchanges will now be considered compliant with ACA if they do not cover pediatric dental services so long as the health plan is reasonably assured that an individual has obtained such coverage through an Exchange-certified stand-alone dental plan (SADP). [See Endnote #1 for the specific regulation wording.] The onus of assuring the purchase of all 10 Essential Health Benefits (EHB) is placed on the health plan issuer by the statute and this provision in the final rule.

The regulation utilizes terminology that is not otherwise defined in the ACA or other federal guidance. The information outlined below specifically addresses the phrase, "*reasonably assured*" and outlines how states are implementing and addressing HHS regulations.

## **IMPLEMENTING "REASONABLY ASSURED" & "EXCHANGE CERTIFIED"**

Several states are concerned with the ambiguity of the federal guidance and have taken steps to define "*reasonably assured*" for medical carriers offering medical policies within their state. As addressed in memorandums and insurance bulletins, state leaders are concerned about disrupting dental coverage within their state and want to support a competitive dental marketplace.

States have taken a variety of approaches clarifying federal equitable treatment guidance. Two general approaches have been taken in the states that have provided guidance:

**Notification:** The majority of states which have taken action are requesting medical issuers provide notification to enrollees that their policy (if appropriate) does not include an approved pediatric dental benefit. The consumer is free to make their own choice as to where and which dental and/or medical carrier they want to purchase their dental benefits through.

**Attestation:** Another approach allows for the medical issuer not to embed the dental as long as the consumer attests they have dental coverage. Questions from the medical carrier will need to be added during the enrollment process to determine whether or not the consumer has obtained separate coverage for pediatric dental benefits. If the enrollee had not obtained such coverage, the medical issuer could offer a medical policy that covers the pediatric dental benefits and/or direct the enrollee to the state Health Insurance Marketplace to find an Exchange-Certified stand alone dental plan. The medical carrier would need to maintain medical policies with and without dental and be ready to address consumer inquiries on their current dental coverage status.

Some states have also taken steps to clarify the process through which a dental plan may become “Exchange certified” for purposes of this policy. In the 33 or so Federally-facilitated Marketplaces, a standalone dental plan must complete the certification process of the Exchange up until the point of signing an agreement to become “exchange certified” for sale off the Exchange. To become certified, dental policies must meet the same criteria as SADPs offered on a Marketplace, including being approved by the state’s department of insurance (DOI). Exceptions to this general rule are noted within the listing below.

#### **STATE’S GUIDANCE ON “REASONABLY ASSURED” AND “EXCHANGE CERTIFIED”**

Following are summaries of states which have implemented guidance on clarifying “reasonable assurance” and/or “exchange certification”:

##### **Arkansas:**

Issuers on and off the Exchange will be required to notify potential policyholders, prior to sale, if a plan does not cover the required pediatric dental benefit. The DOI has provided suggested language for the disclosure.

AR DOI Bulletin 12-2013: <http://www.insurance.arkansas.gov/Legal/Bulletins/12-2013.pdf>

To become “exchange certified,” SADP issuers must follow the Marketplace certification filing process.

Requirements for Exchange Certification: <http://bit.ly/1eF58Ph>

##### **Colorado:**

Issuers on and off the Exchange will be required to notify potential policyholders prior to sale if a plan does not cover the required pediatric dental benefit. The DOI has provided recommended language for carriers to utilize within notifications to enrollees. In a memo, the state DOI recommended notification language for issuers on and off Exchanges. The sample notice for on and off Exchange are slightly different; notifications provided to issuers on Exchanges inform enrollees who “wish” to purchase dental, versus the notification for enrollees off the Exchange asks enrollees “to please contact” a variety of resources to purchase dental coverage.

DORA Bulletin B-4.57: <http://1.usa.gov/1kjHFdw>

In its “Uniform Individual and Small Group Health Benefit Plan Applications,” the CO DORA included a section that allows an applicant to certify pediatric dental coverage has been obtained under another plan. The section also indicates that the applicant may be required to provide proof of that coverage prior to policy approval.

DORA Insurance Regulation 4-2-45 (sample application): <http://1.usa.gov/1dU3I26>

In a separate bulletin, the CO DORA noted its work with dental carriers to allow the sale of Exchange-certified “child only” pediatric dental policies at low/no cost to individuals and families without children. According to the Bulletin, “such products allow purchasers to obtain the required pediatric dental coverage, in full knowledge that such a benefit will never be needed or used.” The proof of purchase of such plan could help meet the “reasonable assurance” requirement.

DORA Bulletin B-4.69: <http://1.usa.gov/1pAQVvX>

In addition to these bulletins, the Division of Insurance has proposed regulation 4-2-50 “Concerning Pediatric Dental Coverage Requirements,” which includes provisions outlined by the bulletins linked here.

DOI Proposed Regulation 4-2-50: <http://bit.ly/T8g4R9>

#### **Hawaii:**

No formal guidance has been provided; however, instructions from the Department directed the following language be included in major medical applications: “The undersigned attests that they have purchased an Exchange-certified stand-alone pediatric dental coverage plan from any insurer whether purchased ‘on’ or ‘off’ the Exchange, and therefore are eligible to purchase a medical plan that excludes pediatric dental coverage. The undersigned acknowledges that the Patient Protection and Affordable Care Act requires that pediatric dental be included as an essential health benefit for customers of small group and individual health insurance policies.”

#### **Idaho:**

In Bulletin 14-02, the Idaho DOI outlines standards regarding reasonable assurance for Qualified Health Plans (QHPs) when sold through the Exchange, for QHPs when sold outside of the Exchange, and to non-QHPs (a health plan sold only outside of the Exchange).

- For QHPs sold through the Exchange, there is no additional reasonable assurance requirement as the ACA provides that QHPs are not required to include pediatric dental care EHB as long as an SADP is available.
- For QHPs offered off the Exchange, the DOI will consider the inclusion of disclosure language on enrollment documents and applications as *prima facie* evidence that the carrier is reasonably assured of other exchange-certified SADP coverage. The bulletin includes specific recommended disclosure language.
- The Idaho Bulletin also identifies health plans that are sold exclusively outside of the Exchange as “Non-QHPs,” a distinction that is not employed by other states or the federal marketplace. For these plans, the Bulletin notes, “Non-QHPs must provide coverage of all 10 EHB categories, and non-QHPs are not eligible for the ‘reasonable assurance’ allowance.”

According to an issuer FAQ released prior to Bulletin 14-02, an off-exchange only, stand-alone dental plan can be “Exchange certified” by submitting through SERFF all the requirements for on-exchange QHPs, while indicating that the plan is off-exchange only. It will go through the same process as an on-exchange product, and it has the same filing deadlines as on-exchange products.

ID Bulletin 14-02: [http://www.doi.idaho.gov/laws/14\\_02.pdf](http://www.doi.idaho.gov/laws/14_02.pdf)

ID DOI FAQ, Part 2: <http://www.doi.idaho.gov/press/Idaho%20Exchange%20QandA%20Part%202.pdf>

#### **Iowa:**

Issuers on and off the Exchange will be required to notify potential policyholders, prior to sale, if a plan does not cover the required pediatric dental benefit. A memo to issuers describes “reasonable assurance” as the act of notifying the consumer of this fact. The memo also includes specific notification language carriers may

utilize: "This policy does not include pediatric dental services as required under the federal Patient Protection and Affordable Care Act. This coverage is available in the insurance market and can be purchased as a stand-alone product. Please contact your carrier, your insurance agent, or Iowa's Partnership Marketplace Exchange if you wish to purchase pediatric dental coverage or a stand-alone dental services product."

IA DOI Memo: [http://www.nadp.org/Libraries/GR\\_Documents/IA\\_Memo\\_re\\_SADP\\_4-26-13.sflb.ashx](http://www.nadp.org/Libraries/GR_Documents/IA_Memo_re_SADP_4-26-13.sflb.ashx)

#### **Kentucky:**

Insurers are allowed to propose the method they intend to use to meet "reasonably assured" standard. An FAQ from the DOI states: The final federal regulation on essential health benefits includes guidance in the preamble that clarifies an insurer may offer plans outside of the Exchange that exclude pediatric dental benefits if the insurer is "reasonably assured" that the individual has obtained pediatric dental coverage through an Exchange certified stand-alone dental plan. Because the responsibility to determine reasonable assurance rests with the insurer, we will allow insurers to propose to DOI the method they will use to meet the "reasonably assured" requirement.

With regard to the requirement that the stand-alone dental plan be "Exchange certified," the DOI will consider that this requirement is met if: (1) the forms and rates are approved for sale in the Exchange by the DOI and the product has been certified by the Exchange; or (2) if the plan is not intended for sale in the Exchange, the plan includes, at a minimum, the KCHIP pediatric dental benefits.

Information forwarded within an FAQ e-mail sent to carriers.

#### **Maryland:**

House Bill 693, which had passed both chambers of the Maryland legislature as of April 2, 2014 and was approved by the Governor on May 15, 2015, would require health plans to disclose to potential purchasers outside the Exchange that a plan does not include pediatric dental benefits and to include on applications the following questions:

Have you obtained stand-alone dental coverage that provides pediatric dental essential health benefits through a Maryland Health Benefit Exchange certified stand-alone dental plan offered outside the Maryland Health Benefit Exchange? Yes No

- If you answered "yes," please provide the name of the company issuing the stand-alone dental coverage.
- If you answered "no," you will be issued a health benefit plan that includes the pediatric dental essential health benefits.

With regard to the requirement that the stand-alone dental plan be "Exchange certified," the bill notes that a stand-alone dental plan must be reviewed and approved by the Administration as meeting appropriate requirements including covering the state benchmark, complying with annual and lifetime limits, complying with annual limits on cost sharing applicable to SADPs and meeting AV requirements. The Administration will place on its website a list of the Exchange certified SADPs in the state.

MD HB 693 to repeal and reenact with amendments 31-115(a) and (k)(1) and 31-116(a):

<http://1.usa.gov/1m2NtZr>

#### **Massachusetts:**

According to a DOI bulletin, the Department will only approve QHP form filings that either include the pediatric dental benefits or include materials that describe the Exchange-certified stand-alone dental plan (SADP) that will be required to be purchased.

The bulletin goes on to specify that in order for a health carrier to be “reasonably assured:”  
 "a Carrier must obtain documentation with respect to each potentially covered person that demonstrates that, as of the date of the enrollment in the Carrier's health plan, each person being considered for the health plan without pediatric dental benefits is, in fact, already covered by or has coverage pending for a dental plan that is on the Dental Plan List with the same or a different Carrier. If the Carrier does not receive appropriate documentation with respect to each potentially covered person, then the Carrier may not issue or renew health coverage unless it includes pediatric dental EHB features."

Massachusetts will also require a notice with medical plans in and outside the Exchange to indicate whether the plan covers pediatric dental benefits and provides sample language for the disclosures.

MA DOI Bulletin: <http://1.usa.gov/1p3pOtY>

**Michigan:**

An online set of Question and Answers for carriers includes a non-specific policy approach that mentions attestation: "plans in the individual and small group market may exclude dental coverage from the plan if they are ‘reasonably sure’ the consumer has purchased a stand-alone dental plan with pediatric dental coverage. Outside the Exchange, the issuer still has to offer the coverage, but can carve out the pediatric dental coverage for a consumer that attests that he/she has purchased the stand-alone from elsewhere."

<http://www.michigan.gov/difs/0,5269,7-303-13648-293672--,00.html>

**Minnesota:**

State has advised carriers they will allow for exchange certification via guidance issued in February 2013 (“Minnesota Health Insurance Exchange Plan Certification Guidance For Qualified Dental Plans February 4, 2013”). The guidance is unclear if the certification process is meant for off-exchange stand-alone dental plans as well.

MN DOI Discussion and guidance above.

**Montana:**

Small employer group market selling products off the Exchange that do not have “embedded” pediatric dental benefits must disclose to all applicants and consumers shopping for coverage that pediatric dental services are a required benefit not included in the health plan being offered by that insurer.

Montana bulletin, “CLARIFICATION REGARDING WHAT CONSTITUTES “REASONABLE ASSURANCE” AS IT RELATES TO PEDIATRIC DENTAL BENEFITS AND PROHIBITING “FORCED” OR “AUTOMATIC ENROLLMENT” November 13, 2013.

**New Hampshire:**

After outlining federal regulation on this topic, an Insurance Department bulletin clarifies the Department will consider a carrier to have received “reasonable assurance” if certain disclosure is provided and the consumer has indicated understanding of several points regarding health coverage, including: (1) the coverage being purchased, without purchase of an additional exchange-certified stand-alone dental plan, does not include all of the Essential Health Benefits; (2) failure to purchase coverage that includes all Essential Health Benefits may have tax consequences for the consumer; and (3) exchange-certified, stand-alone dental plans are available for sale either on or off the Exchange. Additionally, the bulletin states that automatic enrollment by a carrier into a pediatric dental plan is not required in order to obtain reasonable assurance and that such action may constitute a violation of the state’s Unfair Insurance Trade Practices.

NH DOI Bulletin No. 13-039-AB: <http://1.usa.gov/1nmF0Od>

**New Mexico:**

Issuers on and off the Exchange will be required to notify potential policyholders, prior to sale, if a plan does not cover the required pediatric dental benefit. A memo to issuers describes "reasonable assurance" as the act of notifying the consumer of this fact.

NM OSI Memo: <http://bit.ly/QIAww9>

The NM Office of Superintendent of Insurance (OSI) has recommended the following process for the creation of "exchange certified" SADPs:

- A. SADP Issuers should submit a pediatric-only stand-alone dental plan as part of exchange submissions, so that, once approved, it will be "exchange certified."
- B. Then, SADP issuers should file amendments on existing stand-alone dental plans that are outside the exchange, substituting the exchange-certified pediatric dental module for the pediatric dental module in the existing plan. If the plan has no existing pediatric dental, it must be added to comply with the 2014 rules. When the amendment is approved, the entire plan will be considered "exchange certified."

OSI FAQs for QDP Submission: <http://bit.ly/1qW0sbx>

**New York:**

An FAQ from the Department of Financial Services indicates issuers may ask questions on enrollment forms regarding pediatric dental benefits. The FAQ does not confirm by including any such questions, the issuer can be "reasonably assured."

**Question:** For individual and small group comprehensive health insurance offered outside the Health Benefit Exchange, an issuer must be reasonably assured that an individual has obtained stand-alone dental coverage through an Exchange-certified stand-alone dental plan offered outside the Exchange in order for the issuer to provide coverage without the pediatric dental essential health benefit. May an issuer ask questions on the application to determine whether an individual has such coverage?

**Answer:** Yes. Issuers may place questions on the application/enrollment form in order to verify whether an individual has obtained stand-alone dental coverage through an Exchange-certified stand-alone dental plan offered outside the Exchange. Issuers should use the following language on their application/enrollment form:

A. Have you obtained stand-alone dental coverage that provides a pediatric dental essential health benefit through a New York Health Benefit Exchange-certified standalone dental plan offered outside the New York Health Benefit Exchange? Yes No

B. If you answered "yes", please provide the name of the company issuing the standalone dental coverage. \_\_\_\_\_

If you answered "no", we will provide you coverage of the pediatric dental essential health benefit.

NY DFS Dental Q&A: <http://www.dfs.ny.gov/insurance/health/dent-file-g.pdf>

**Ohio:**

According to an online Plan Management Toolkit from the ODI, "reasonable assurance could be obtained by requiring proof of coverage from the individual or establishing a method of confirming coverage directly with the dental issuer that is offering an Exchange certified Stand-Alone Dental Plan. The issuer is responsible for the method of obtaining assurance and demonstrating compliance."

If an issuer would like to offer an “exchange certified” SADP off the Exchange, then the issuer must select the “off-Exchange” option in the dental-specific plan and benefits template.

ODI Plan Management Toolkit: <http://1.usa.gov/1m2NYCP>

#### **Oregon:**

In a memo to issuers, the Insurance Division reiterates “reasonable” assurance language used in the HHS Final EHB Rule and also notes that “an absence of reasonable assurance is not an exception to the ACA’s guaranteed issue requirements.”

OR Insurance Division memo: <http://bit.ly/1kXNvOh>

The OR Insurance Division noted in discussions that if a dental plan was not certified and offered on the Exchange, the plan cannot use the words “pediatric essential benefit” in its description. It is unclear if a disclosure (as seen in Colorado and other states) is required.

#### **Rhode Island:**

If the enrollee has already obtained the pediatric dental EHB, the health plan issuer must offer a medical policy without the pediatric dental EHB. This policy was determined prior to CMS guidance.

Small group policy check list: <http://1.usa.gov/1m2ffmx>

#### **South Dakota:**

Outside the exchange, medical carriers must have a "reasonable assurance" that dental is being provided by a qualified dental plan. The rule around reasonable assurance is "any reasonable method for obtaining reasonable assurance including an attestation on an insurance application or other documentation from the applicant or the applicant’s dental insurer."

39 SDR 203, 20:06:56:06. Pediatric dental, effective June 10, 2013.

#### **Virginia:**

Senate Bill 484, which was approved by the Governor and Chaptered on March 27, 2014, clarified that a health carrier will have obtained reasonable assurance if it prominently discloses the plan does not provide the pediatric dental benefits and if at least one qualified dental plan offers the benefits and is available for purchase by the small group or individual purchaser.

VA SB 484, an act to amend and reenact §38.2-3451: <http://bit.ly/1gwCwIA>

#### **Washington:**

In 2014, all health plans offered outside the Washington Health Benefit Exchange in the small group and individual markets were required to embed the pediatric dental benefits. For 2015 and future plan years, the Office of the Insurance Commissioner (OIC) approved new regulation to allow health carriers to offer non-embedded plans off the Exchange if there is reasonable assurance of other coverage, which is defined as “receipt of proof of coverage from the stand-alone dental plan and a signed attestation of coverage from the applicant.” Health carriers may issue coverage prior to receiving reasonable assurance if the issuer receives the assurance within sixty days of the effective date of the health benefit plan.

WAC 284-170-810: <http://1.usa.gov/1kjFTZW>

#### **Wisconsin:**

Issuers on and off the Exchange will be required to notify potential policyholders, prior to sale, if a plan does not cover the required pediatric dental benefit. A memo to issuers describes "reasonable assurance" as the act of notifying the consumer of this fact.

WI DOI Bulletin: <http://oci.wi.gov/bulletin/0413peddental.htm>



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<sup>i</sup> From HHS Final Regulations on Essential Health Benefits (EHB): FR, Vol. 78, No. 37, Monday, February 25, 2013, Section k., 156.150, Pg 12853. “Comment: The statute and regulations provide that if an Exchange offers a stand-alone dental plan offering a pediatric dental EHB benefit, medical plans are not required to offer a pediatric dental plan benefit on that Exchange. Several commenters encouraged HHS to extend the ability of a medical insurance plan to not offer the pediatric dental EHB into the non- Exchange market, in cases where a stand-alone dental plan that meet the standards to cover the pediatric dental EHB is offered. Response: The Affordable Care Act does not provide for the exclusion of a pediatric dental EHB outside of the Exchange as it does in section 1302(b)(4)(F) of the Affordable Care Act for QHPs. Therefore, individuals enrolling in health insurance coverage not offered on an Exchange must be offered the full ten EHB categories, including the pediatric dental benefit. However, in cases in which an individual has purchased stand-alone pediatric dental coverage offered by an Exchange-certified stand-alone dental plan off the Exchange, that individual would already be covered by the same pediatric dental benefit that is a part of EHB. When an issuer is reasonably assured that an individual has obtained such coverage through an Exchange-certified stand-alone dental plan offered outside an Exchange, the issuer would not be found non-compliant with EHB requirements if the issuer offers that individual a policy that, when combined with the Exchange-certified stand-alone dental plan, ensures full coverage of EHB. We note that the stand-alone dental plan would have to be an Exchange-certified stand-alone dental plan to ensure that it covered the pediatric dental EHB, as required for Exchange certification under section 1311(d)(2)(B)(ii) of the Affordable Care Act. However, the Exchange-certified stand-alone dental plan would not need to be purchased through an Exchange. This alternate method of compliance is at the option of the medical plan issuer, and would only apply with respect to individuals for whom the medical plan issuer is reasonably assured have obtained pediatric dental coverage through an Exchange-certified stand- alone dental plan. In addition, this option is only available for the pediatric dental EHB, and not for any other EHB, because of the unique treatment of stand-alone dental plans inside the Exchanges. With respect to other individuals seeking to enroll in the same plan, the issuer would be required to offer the same coverage generally (there would be no exception to guaranteed availability that would apply), but would have to make pediatric dental benefits available to such individuals.”  
<http://www.gpo.gov/fdsys/pkg/FR-2013-02-25/pdf/2013-04084.pdf>